

RAMADHAN

Ramadan is the holiest month of the year. There's 5 pillars of islam. The fourth pillar of islam is saum [fasting]. We fast in the ninth month of Islamic calendar called Ramadhan. We fast from dawn to dusk.

Here in Ireland now dawn is at 4:00am and dusk is at 9:15pm. We wake up everyday at 3:00am for the morning meal called suhoor . Then we break our fast with a meal called iftar at about 9.15pm.

Ramadhan is a holy month and we do a lot of prayers. This year I am able to fast the whole day without drinking or eating to 9.15p.m. Today is the 19th day of Ramadan. We fast to 29 to 30 days depending on moon sighting. After finishing Ramadhan we are able to celebrate Eid with yummy foods and spending time with the family .